

Back to School: From Home or the Classroom

As the coronavirus (COVID-19) pandemic continues, you may be facing difficult decisions every day on how best to keep yourself and your family safe and healthy - a daunting task, even with the most current information. One of the most challenging decisions may be whether to send your child back to school in-person or virtually. Depending on your family's unique risk factors, COVID-19 may be a concern for those who live with serious medical conditions as some schools return to in-person classes. There is no right or wrong decision to make, but with the right information you can make an informed decision, where you feel comfortable and supported. Below are resources to help you make a decision that is right for you.



FROM FAMILIES

- **Center for Parent Information and Resources:** [Planning for When Workplaces and Schools Reopen](#)
- **Federation for Children with Special Needs:** [Fall Schools Reopening for 2020-2021](#)
- **Hands & Voices:** [COVID-19 Resources for the Deaf and Hard of Hearing](#)
- **Maine Parent Federation:** [COVID-19 Key Questions to Ask Before Schools Reopen](#)
- **National Association for the Deaf:** [Advocacy Paper for Families Seeking Accessible PreK-12 Education](#)
- **SPAN Parent Advocacy Network**
 - [Remote Learning Fact Sheet](#)
 - [IEP Fact Sheet](#)
 - [Quick Facts on COVID-19 School Re-openings Questions](#) (*available in Spanish*)



FROM ORGANIZATIONS

- **American Academy of Pediatrics:** [Guidance for School Re-entry](#)
- **Centers for Disease Control and Prevention:** [General Guidelines](#) and [Decision Making Tool](#)
- **Florida American Academy of Pediatrics:** [Back to School Checklist](#) (*available in Spanish*)
- **Johns Hopkins:** [Webinar Series on Returning to School](#)
- **Lurie Children:** [Guidance for Return to School for Transplant Families](#)
- **Office of Special Education Programs:** [Continuity of Learning During COVID-19](#)

You know what's best for your family. Whether you decide to have your child return to school in-person, virtually, or a combination of both, you need resources and tools from both your school and your healthcare team to stay healthy and to ensure that your child receives an equitable education. It's important to:

- **Prioritize your family needs.** Every family is different. Prioritize what's important for your family.
- **Ask questions.** Talk to your school's administration and healthcare team, so you stay up to date.
- **Connect with others in your community.** Your community may have invaluable information to share, stories to tell, or resources to support you.

Interested in learning more? Visit [ExpectingHealth.org](https://www.ExpectingHealth.org)